

RESUSCITATION

Ensure Safety
for Self and Others

Call Triple Zero (000)
for an Ambulance

DRSABCD RESPONSE

DANGER

Check for hazards & ensure safety.

Infants Under 1 Year



RESPONSE

A casualty who is unresponsive and not breathing normally needs urgent resuscitation.

SEND FOR HELP

Call the ambulance - 000.

Adults & Children



AIRWAY

Open to check breathing.

BREATHING

If the casualty is not breathing OR breathing abnormally, start CPR.

CPR

30 Compressions: 2 Breaths.
(if unwilling or unable to do breaths, consider compressions only).

DEFIBRILLATE

As soon as available, follow the prompts.

SIGNS & SYMPTOMS

Unconscious, not responding, not breathing normally, or not breathing at all.

CPR DETAILS

Adults & Children	Infants Under 1 Year
Open Airway →	Neutral head
Press with? →	2 Fingers
How hard? →	1/3 chest depth approx 5 cm
Breath pressure? →	Puffs
How many? →	30 Compressions : 2 Breaths
How fast? →	Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute)

For more information visit: www.resus.org.au

CONTINUE CPR / DEFIBRILLATION

Until responsiveness or normal breathing returns, or help arrives.