

DIABETES

Ensure Safety
for Self and Others

Dial Triple Zero (000)
for an Ambulance

If the person is able to swallow:

Onset Symptoms:

Is able to swallow
Sweating, pallor
Rapid pulse
Trembling, shaking, weakness
Hunger
Light headed, dizzy
Headache
Lack of concentration
Mood changes

GIVE SUGARY FOOD



Make comfortable.

If the casualty can safely swallow, give high-energy foods, sugar, honey or a glucose tablet.

COMFORT / REASSURE



He/she will respond quickly if low blood sugar levels are the cause. He/she may be a little confused on recovery.

GIVE A MEAL

Monitor until fully recovered



Make sure a normal meal is eaten.

If the person is unable to swallow:

Emergency Symptoms:

Unable to swallow
Loss of coordination
Can't follow instructions
Slurred speech
Fitting/seizure
Unresponsive
Unconscious

PLACE ON SIDE

**If drowsy, unable to swallow or unconscious
IT IS AN EMERGENCY**

DIAL 000 IMMEDIATELY

Say "Diabetic Emergency" and follow instructions.

Do not allow to eat or drink.

Wait with them until the ambulance arrives.

CLEAR THE AIRWAY

If family member or carer is trained to do so, as required:
Use a blood glucometer
Use a GlucaGen ® HypoKit ® glucagon injection

CALL 000

Monitor and manage