

INFECTION CONTROL

HOW TO MINIMISE THE RISK OF EXPOSURE AND CONTAMINATION

HAZARD = EXPOSURE

Airborne - sneezing and coughing
Direct contact - body fluids or
contaminated items.

RISK = CONTAMINATION

Being infected by a disease.
Passing on a disease.

FOR FIRST AID

Wash hands with soap and
water or apply an alcohol-based
hand rub.

Use and wear Personal
Protective Equipment (PPE):
i.e. disposable gloves for all first
aid; masks for CPR; eye
protection and plastic aprons to
protect from splashing.

Remove PPE carefully.

Dispose of PPE, used
dressings, bandages and
infectious waste in an
appropriate bin or container.

Wash your hands thoroughly
with soap and water.

WASH HANDS

USE PROTECTION

CAREFUL DISPOSAL
AND CLEAN UP

WASH HANDS

**Ensure Safety
for Self and Others**

**Dial Triple Zero (000)
for an Ambulance**

IN GENERAL

Wash your hands regularly,
before eating, before food
preparation, after toilet use

Immunisation - many diseases
are preventable
Practice hygienic food handling
and preparation techniques
Avoid sharing food, drinks, and
personal items

Wipe away blood and spills
Clean and disinfect
Safely dispose of left over food
and other waste

Avoid transmitting infections and
contact with body fluids

These methods are
STANDARD PRECAUTIONS
Which are safe practices to be
applied for all first aid,
regardless of a casualty's
infectious status.



Reduce exposure.



Wash your hands.



Use hand rub gel.



Use gloves.



Use CPR mask.



Safe disposal.